

SURVIVAL

Kia Ora Whanau,

This term we have been studying 'survival' and it is time to put some of our survival skills to the test!

We will be having a survival camp on the 23rd of March (postponement date 31st March). The camp will involve; students using their survival swimming techniques, building huts to sleep in, making a solar still to collect water, learning archery, building a fire, and cooking damper.

Overleaf is the itinerary and Risk Analysis and Management for the camp including all activities. Please read through this so you are aware of all details of the camp before you sign the permission slip. I have also included a kit list that the students need to bring with them. If there are any problems getting hold of these things please let me know and I will try to help.

There will be a cost of \$20 for the trip. This will cover all food and the cost of the archery lesson. This can be paid directly to the office.

Students will need to bring lunch for the first day.

I will need support to run this trip, can you indicate below if you are able to come with us or help in another way.

If you wish to discuss any of this further with me please email or call.

Many thanks

Liam Coulden – Lavers
02102580733 – 078257124

Survival Camp E1

I, give permission for my child to attend E1 Survival Camp. I have read through the Itinerary and Risk Analysis Management and I am happy with the safety measures taken.

Please list any medical conditions or dietary requirements that may affect your child on this trip. Any Medication will need to put in a named bag and given to me on the day we depart.

I can/cannot attend this camp overnight (please circle)

I can/cannot provide a tarpaulin or plastic sheet for my child to use in their bivouac

Signed Date

Camp Itinerary

Wednesday – 23 rd March	Thursday – 24 th March
<p>9am- Meeting at classroom</p> <ul style="list-style-type: none">• Get into groups of 4 children to 1 adult• Pack bag for emergency swim• Safety talk <p>10am Start swim/coastering from the one way bridge heading to peninsula. ETA 11am</p> <ul style="list-style-type: none">• Students change to dry clothes and eat Lunch. <p>(some parents to have taken dry gear to the camp location)</p> <p>11-30 – 1-30pm Students to build solar stills and set up shelters using materials supplied this will be done in groups of four with one adult.</p> <p>2-4pm Archery led by Raglan Rock</p> <p>4-4.30pm Assembly prizes for solarstills, huts, swimming, and archery.</p> <p>4.30-6pm Students free time to finish huts and explore peninsula.</p> <p>6-8pm Dinner time, Adults to heat stew/soup and bread while students build fire and make damper to cook. Then marshmallows and hot chocolate for dessert.</p> <p>8.30pm – Students to head up to huts to prepare for bed. Adults to read stories to each group.</p> <p>9pm Lights out.</p>	<p>7am Adults to prepare porridge and fruit for breakfast.</p> <p>8.30am Students to dismantle camp and clean up.</p> <p>9.30 Swim back round the peninsula to the safety of school</p> <p>Adults to bring sleeping things and bags back to school.</p> <p>11am Morning tea (provided) in E1</p> <p>11.30 Movie (survival themed)</p> <p>1pm Lunch (Barbecue sausages and bread)</p> <p>2-3pm Games for students who are still with us! 😊</p> <p>Home for a big rest over the long weekend!</p>

Risk Analysis and Management

Name: Liam Coulden – Lavers Date: Term 1 2016

Activity/Situation: E1 Survival Camp

Risks Accident, Injury other loss		<p>Student caught in rip/ drowning situation Student hit by under water hazards. Injury to student/ fractures Student emotionally not coping & scared. Hypothermia, sun burn dehydration. Student not staying with group. Sickness - allergic reaction Animal encounter. Weather. Boat traffic. Burns and cuts.</p>		
General Dangers		People	Equipment	Environment
		<p>Leader skills and experience inadequate. Participants/adults unskilled. Students unable to swim Not fit. Pre existing Medical conditions. Fires.</p>	<p>Lack of personal medication Lack of rescue facility Vessel Damage Cell phone networks going down. Pots and cooking utensils Back up tents X2 available if needed.</p>	<p>High wind Rough water Low/high temperatures excessive sun Rain/tsunami Animals, and marine life.</p>
Risk Management Strategies	Normal Operations	<p>- Spend time observing sea conditions and checking forecast - Ensure all involved are able to swim or use buoyancy aids. - Teach local hazards Sun protection <u>Clear signals for instructions and behaviour.</u> Know students health and names. Have note of any health issues. Ensure adults are aware of safety procedures. Ensure adequate supervision. 1 Jet Ski, SUP at front and rear of group.</p>	<p>Ensure clothing & equipment is in working order. Suitable food and drink. Every child has access torch. Personal medication is provided Appropriate buoyancy aids available. Check all have wetsuits/apropriate togs Have emergency plan for both land and sea evacuation. Leave details of group with school office. Have cell phones . Ensure sunblock/hats glasses if required</p>	<p>Check water conditions and shoreline in all instances Get local advice on weather/tide and forecast Check with MET service for outlook Only go out if conditions suitable.</p>
	Emergency	<p>Have two cell phones. With boat and land rescue on call. Make a clear evacuation point and walk through the steps with all adults. Apply first aid and arrange evacuation procedures. Have management strategy for whole group. Have first aid kit on hand. Spare clothing/bedding for cold students. All students to exit water if problems occur.</p>		



Student Kit List

- Sleeping Bag and pillow.
- Tarpaulin or plastic sheet.
- Water bottle, lunch and snacks for first day.
- Warm clothes for evening and change of clothes.
- Toothbrush, toiletries, sunblock, and insect repellent if required.
- Swimming gear (wetsuit preferred) and towel.
- A torch.

The school does have a few wetsuits that the students can borrow if needed.