



Raglan Area School

TE KURA A ROHE O WHAINGAROA

Years 13 & 11 KAWHIA Camp - Personal Clothing and Gear List

Item	Your check
<p>Lunch and drink for first day</p> <p>Clothing:</p> <ul style="list-style-type: none"><input type="checkbox"/> Waterproof raincoat (nylon windbreakers are not good enough)<input type="checkbox"/> 2 Warm jerseys/outer layers – either wool or polar fleece<input type="checkbox"/> A set of thermals (if you have them)<input type="checkbox"/> 2-3 mid layers – T-shirts, long sleeved tops<input type="checkbox"/> Warm comfortable trousers/track pants (if possible polar fleece or merino. Jeans are great for indoors but ‘cotton is rotten’ in the cold and wet outdoors)<input type="checkbox"/> 1 Beanie and 1 Sun hat /cap<input type="checkbox"/> 2 pairs shorts<input type="checkbox"/> 2-3 pairs of socks (include warm hiking or gumboot socks)<input type="checkbox"/> Underwear – several changes<input type="checkbox"/> Pyjamas<input type="checkbox"/> Togs and towel<input type="checkbox"/> Sturdy pair of lace up sports / trail shoes (good sole with grip)<input type="checkbox"/> Second pair of shoes (to be kept dry) - slides are ok	
<p>Personal Gear:</p> <ul style="list-style-type: none"><input type="checkbox"/> Daypack (to carry personal gear for activities)<input type="checkbox"/> Water bottle<input type="checkbox"/> Sunscreen<input type="checkbox"/> Insect repellent<input type="checkbox"/> Toiletries (toothbrush, deodorant etc)<input type="checkbox"/> Personal medication (clearly named and labelled) eg inhalers, allergy medication<input type="checkbox"/> Personal First Aid Kit (if you have one)<input type="checkbox"/> Torch and spare batteries<input type="checkbox"/> Sleeping bag (or warm bedding)<input type="checkbox"/> Pillow case<input type="checkbox"/> Bath towel	