



# Raglan Area School

TE KURA A ROHE O WHAINGAROA

## Years 12 Tongariro Camp - Personal Clothing and Gear List

Item	Your check
<p><b>Lunch and drink for first day - as well as extra snacks to eat during the crossing.</b></p> <p><b>Clothing: (It will be cold at the top of the mountain even if the weather is fine)</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Waterproof raincoat (nylon windbreakers are not good enough)</li> <li><input type="checkbox"/> 2 Warm jerseys/outer layers – either wool or polar fleece</li> <li><input type="checkbox"/> A set of thermals (if you have them)</li> <li><input type="checkbox"/> 2-3 mid layers – T-shirts, long sleeved tops</li> <li><input type="checkbox"/> Warm comfortable trousers/track pants (if possible polar fleece or merino. Jeans are great for indoors but ‘cotton is rotten’ in the cold and wet outdoors)</li> <li><input type="checkbox"/> 1 Beanie and 1 Sun hat /cap</li> <li><input type="checkbox"/> 2 pairs shorts</li> <li><input type="checkbox"/> 2-3 pairs of socks (include warm hiking or gumboot socks)</li> <li><input type="checkbox"/> Underwear – several changes</li> <li><input type="checkbox"/> Pyjamas</li> <li><input type="checkbox"/> Togs and towel</li> <li><input type="checkbox"/> Sturdy pair of lace up walking boots / trail shoes (good sole with grip)</li> <li><input type="checkbox"/> Second pair of shoes (to be kept dry) - slides are ok</li> </ul>	
<p><b>Personal Gear:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Daypack (to carry personal gear for activities)</li> <li><input type="checkbox"/> Water bottle minimum 1.5 lt for crossing (there is no opportunity to refill)</li> <li><input type="checkbox"/> Sunscreen</li> <li><input type="checkbox"/> Insect repellent</li> <li><input type="checkbox"/> Toiletries (toothbrush, deodorant etc)</li> <li><input type="checkbox"/> Personal medication (clearly named and labelled) eg inhalers, allergy medication</li> <li><input type="checkbox"/> Personal First Aid Kit (if you have one)</li> <li><input type="checkbox"/> Pillow case</li> <li><input type="checkbox"/> Bath towel</li> </ul>	

