



Statement of Delivery of the Health Curriculum 2025

The Ministry of Education requires all schools to consult with their community on the school's delivery of the Health Curriculum. The following is a statement of **delivery of the Health curriculum at Raglan Area School**. Each year we welcome any input from our whānau at any time during the school year.

RAS MISSION, VISION & VALUES

Mana Rangatahi / Empowering Young People

Whakanuia te mātauranga i te taiao kākano rua / Celebrating Education In A Bicultural Environment

- **Manaakitanga** - We are respectful, kind and empathetic
- **Kaitiakitanga** - We are caretakers of Te Ao Maori and Our World
- **Whanaungatanga** - We are inclusive and connect genuinely with others
- **Poutama** - We are resilient and aspire to excellence

At Raglan Area School we seek to provide a caring, child friendly environment where students feel empowered to celebrate their successes in a bicultural environment. Opportunities are provided for students that promote a sense of self-value and worth. All students are encouraged to maintain a fit and healthy lifestyle.

This document provides some examples of how the Health curriculum is woven into our students' learning: Whānau can email classroom teachers or ring the school office 07 825 8140 to come in person to meet with one of the senior school leaders;

- Whaea Louisa Barham (Principal) - principal@raglanarea.school.nz
- Whaea Haylee Webber (Years 0-8 Deputy Principal) - haylee_webber@raglanarea.school.nz
- Matua Quenten Browne, (Years 9-13 Deputy Principal) - quenten_browne@raglanarea.school.nz
- Whaea TJ Pemberton (Lead Teacher Health & PE) - tj_pemberton@raglanarea.school.nz

While some health lessons are specifically targeted and require parent approval (e.g. vaccinations, sexuality), others are integrated and woven throughout the curriculum. Focusing on building relationships and friendships forms a large part of the early months of school for all age groups, as does developing and sharing individual pepeha (identity, location and family connections). Outdoor Education and sports programmes often include a focus on resilience and perseverance. In some instances we also work with outside agencies to add value to our programmes:

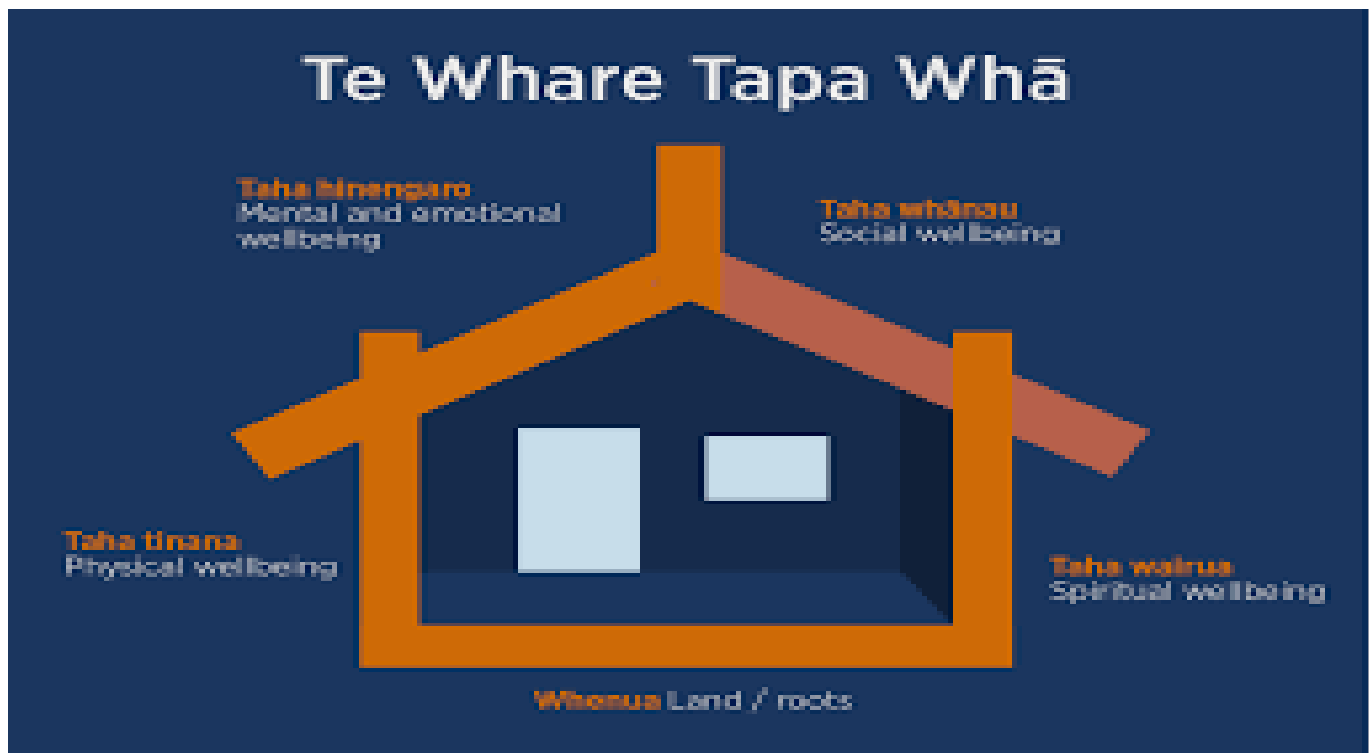
- Sport Waikato
- Raglan Sport Clubs
- Raglan Medical Centre
- Raglan Community House
- Raglan Naturally - Connecting Community
- Targeted external expert advisors and presenters

Parents and whānau are invited to attend hui for further information on specific programmes of high interest e.g. vaccinations and sexuality - and when new resources are released. Parents and whānau comments, queries, thoughts and ideas about the health curriculum enables us to further develop our programmes.

Health and Physical Education at Raglan Area School

The National Curriculum is composed of *The New Zealand Curriculum* and *Te Marautanga o Aotearoa* which set the direction for student learning and provide guidance for schools as they design and review their curriculum. Health and Physical Education is the core **statement** for the essential learning area Health and Physical Well-being. We deliver this curriculum as a core subject from Years 0-10. At Years 11-13 it then becomes a subject option.

The NZ Health & Physical Education curriculum is divided into four strands that also align with Te Whare Tapa Whā (a model of health developed by Leading Māori health advocate, Sir Mason Durie in 1984 that represents health and wellbeing as a wharenui / meeting house with four walls).



Personal health and physical development	Movement concepts and motor skills	Relationships with other people	Healthy communities and environments
<ul style="list-style-type: none"> • Mindful activities • School values • Sun safety • Basic hygiene practices • Nutrition • Positive body 	<ul style="list-style-type: none"> • Physical activity • Fitness • Athletics • Cross Country • Water Safety / • Kapa Haka • School House 	<ul style="list-style-type: none"> • Positive Behaviour for Learning (PB4L) • Building relationships • Cultural Identity • Restorative 	<ul style="list-style-type: none"> • Life Education. • Road Safety • Cybersafety • Enviro schools • Raglan Naturally • Rainbow Club

<p>image</p> <ul style="list-style-type: none"> ● Vaccinations Y7&8 ● Puberty / Sexuality Y0-10 	<p>Competitions and Events</p> <ul style="list-style-type: none"> ● Education outside the Classroom (EOTC). ● Outdoor Education ● Surf Academy 	<p>practices</p> <ul style="list-style-type: none"> ● Student Leadership ● Hauora Team ● Internal and External counseling services ● Diversity and Inclusion 	<ul style="list-style-type: none"> ● Kick Start Breakfast Club ● Feed the Kids Whanaungatanga programme (PTA and school volunteers) ● Western Cluster inter school sport ● AE programmes e.g. The Refinery ● Local Iwi and Marae
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